

# REGISTRATION BEGINS:

## Tuesday, January 21, 2025

### at 8:30 a.m.

OLLI annual memberships run from September 1 through August 31. The current membership fee is to \$60.

#### OLLI Office Information

For any questions or assistance, please contact the OLLI office. Our friendly staff are here to help you with all your inquiries and support your learning journey.

Location: Curtiss Hall, Room C 201

Phone: (989) 964-4475

Email: [olli@svsu.edu](mailto:olli@svsu.edu)

Office Hours: Monday - Friday: 8:00 AM - 4:30 PM

#### Monthly Meetings

Members enjoy engaging meetings that feature a guest speaker and provide opportunities to connect and socialize with fellow members.

#### Interest Groups

Interest groups offer a chance for OLLI members to meet on a regular basis with others who share a passion for a sport, social activity, or specific interest.

#### Member Newsletter

Monthly electronic copies of The Adventurer and regular emails update members on OLLI programs and other SVSU activities, such as lectures, concerts, and theatre productions.

#### Member Discounts

OLLI offers unique classes that are all about learning, without tests, grades, or homework!

#### Travel

We offer educational and “just plain fun” day trips as well as multiple-day domestic and international travel opportunities for OLLI members.

#### Ryder Center

With proof of your OLLI membership, you may purchase a Ryder Center Membership for \$200 per year. Please contact the Ryder Center at (989) 964-4906 for current guidelines and regulations.

#### Cancellation Policy for Classes

There is a \$10 cancellation fee. The balance of the registration fee will remain as a credit on your account, or be refunded (minus the cancellation fee); if less than one week, no refund will be given. If the university closes due to weather or other reasons, classes will be canceled. We will make every reasonable effort to reschedule any missed classes.

#### Cancellation Policy for Day Trips

Day trips are non-refundable unless we can fill your spot, from that trip waitlist, in which case you will receive your registration fee, minus a \$10 cancellation fee. If the university is closed due to weather or other reasons, day trips will go on as scheduled unless you are directly notified of other plans.

#### Locations for OLLI Classes

Each class description includes a room number; the letter that precedes the number indicates the building. On-campus locations include:

C – Curtiss Hall (#12 on campus map)

R – Ryder Center (#36 on campus map)

A – Arbury Fine Arts Center (#1 on campus map)

GS – Gilbertson Hall (#19 on campus map)

## WAYFINDER

Welcome to the Wayfinder section of our catalog! This guide is designed to help you quickly locate items. Use Wayfinder to streamline your search and make planning your next educational adventure experience simple and efficient.

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/ Science / Technology, page 14 • Travel & Adventure / Wine 101, page 15

### OLLI Online: Engaging Learning Anywhere

Experience the convenience and flexibility of OLLI classes offered via Zoom! Participate from the comfort of your home or join fellow members in the OLLI classroom for a shared, interactive group experience. These virtual sessions bring expert instructors and engaging topics to you, offering the same great content as in-person classes with added accessibility. Whether you're tech-savvy or new to Zoom, this format ensures everyone can stay connected and continue learning together. Join us online or in the OLLI classroom and be part of the conversation!

Look for the classes highlighted in yellow, which will be offered both online and in the classroom. Register for the option that works best for you. A Zoom link will be sent a day or two before the class begins.

## MONTHLY MEETINGS

Immerse yourself in vibrant discussions at an OLLI Monthly Meeting. Held in Curtiss Hall Banquet Rooms, doors open at 8:45 a.m. for a prompt 9:30 a.m. start. Each session features compelling speakers who explore diverse topics, from history and arts to current affairs, enriching and engaging our members. These gatherings are a complimentary benefit for OLLI members, providing a platform for learning and connection. Join us and participate in enlightening discussions, followed by a lively Q&A session. Remember to RSVP to secure your seat!

### Wednesday, January 8, 2025

#### 4th Annual Health and

#### Wellness Fair

Join us for the 4th Annual OLLI Health and Wellness Fair on Wednesday, January 8th! The event begins with a short meeting featuring a special presentation (details to come), followed by a wellness fair packed with resources and opportunities. With over 25 vendors, this year's fair promises a wide array of information and tools to support your health journey. Don't miss this fantastic start to the new year.



**Wednesday, February 12, 2025****Michigan's Dark Ties: Serial Killers with a Local Connection**

Join us for an intriguing OLLI Monthly Meeting where Candice Smith from Tours Around Michigan will uncover the chilling connections between Michigan and some of the nation's most infamous serial killers. Learn how these dark figures are tied to the state, with fascinating insights and stories that reveal Michigan's lesser-known criminal history. Candice will delve into cases that bring a haunting dimension to local lore. Don't miss this captivating presentation that's sure to keep you on the edge of your seat!

**Wednesday, March 12, 2025****The Story of Koegel Meats**

Join us for a fascinating dive into Michigan history with John Koegel, President & CEO of Koegel Meats. Discover how this iconic family business began over a century ago, and the traditions that have helped it thrive in the community. Learn about the brand's journey, its growth, and its commitment to quality that has made it a beloved name in Michigan households.



Don't miss this opportunity to explore the rich legacy of Koegel Meats.

**Wednesday, April 9, 2025****Rosie the Riveter and Detroit During WWII**

Discover the extraordinary impact of women during World War II as they took on roles traditionally held by men, including operating machinery, managing businesses, and tirelessly working on assembly lines. Their invaluable contributions—producing ships, tanks, ammunition, and uniforms—solidified Detroit's status as the Arsenal of Democracy. We will delve into the struggles and triumphs of these "Rosies," whose resilience and bravery became powerful symbols of American patriotism. Bailey Sisoy-Moore will lead this insightful presentation, highlighting the legacy of women war workers and their lasting influence on history. Don't miss this chance to honor the pivotal role these women played in shaping our nation.

**Wednesday, May 14, 2025****Paving the Way: Inside the Saginaw County Road Commission**

Join OLLI for an insightful presentation by Dennis Borchard, Managing Director of the Saginaw County Road Commission. From his extensive experience overseeing infrastructure, Dennis will share an inside look at the work involved in managing and maintaining Saginaw County's roadways. Don't miss this opportunity to gain a deeper understanding of the vital role the Road Commission plays in our daily lives and to ask questions about the future of transportation in Saginaw County.

**MULTI-DAY TRAVEL**

Discover our upcoming multi-day travel adventures for 2025 and 2026. Join us for enriching journeys, and benefit from group camaraderie. Enjoy pre-trip educational sessions, a pre-trip dinner, and a post-trip gathering for connections and shared experiences. Experience expert guidance, including meals and airport transfers from SVSU. Explore with joy and community. Attend the Travel Orientation (refer to Class on Page 14 ) for more details.

**2025 OLLI TRAVEL**

Grand Tour of Spain & Portugal

March 13-25, 2025 (EF Go Ahead Tours) • Trip Full

Grand Baltic Sea Voyage

May 15-28, 2025 (Grand Circle Travel) • Trip Full

Iceland: The Golden Circle & Ring Road

July 16-26, 2025 (EF Go Ahead Tours) • Trip Full

Food & Wine: Campania, Puglia & the Amalfi Coast

October 4-14, 2025 (EF Go Ahead Tours) • Trip Full

**Spotlight San Antonio**

**Travel Provider: Collette**

**Travel Dates: December 1 - 5, 2025**

Relax Texas-style as you settle into your River Walk hotel on this Southwestern getaway.

Visit the UNESCO World Heritage sites of the legendary Alamo and Mission San José. Cruise along the Paseo del Rio and savor dinner at a restored convent in the historic King William District. Visit the National Museum of the Pacific War when you venture to charming Fredericksburg nestled in the Hill Country, rich with German heritage. Immerse yourself in the laid-back atmosphere of this vibrant city.

**2026 OLLI TRAVEL****The Great Rivers of Europe**

Embark on an unforgettable journey with OLLI as we explore Europe's majestic waterways! This exceptional adventure takes you through the heart of the continent, where centuries of history and vibrant cultures blend seamlessly with picturesque landscapes. Immerse yourself in the charm of iconic cities and quaint villages, experiencing the very essence of Europe along its legendary rivers.

**Travel Provider: Grand Circle Travel**

**Travel Dates: May 7 - 22, 2026**

**Travel Preview Date: Wednesday, 2/19 • 4 - 5 p.m.**

**Travel Registration Date: Wednesday, 3/5 • 12 p.m.**



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## Kenya Wildlife

### Safari

Kenya's plains team with animals of all spots and stripes, from lightning-fast cheetahs to long-necked, lanky-legged giraffes. On this thrilling Safari Tour, you'll see some of the country's most spectacular settings. Travel from towering Mount Kenya to the wild expanses of the Maasai Mara to witness the drama of the bush unfolding around you.

**Travel Provider: EF Go Ahead Tours**

**Travel Dates: May 28 - June 11, 2026**

**Travel Preview Date: Wednesday, 2/19 • 9 - 10 a.m.**

**Travel Registration: Wednesday, 2/26 • 12 p.m.**



## Islands of New England

Answer the call of the Atlantic coast with this unforgettable adventure! Discover the beauty of New England's rugged seascapes, picturesque islands, and historic streets steeped in charm. Stroll through quaint villages, explore iconic landmarks, and savor the region's culinary treasures with a traditional seafood feast. Immerse yourself in the vibrant local culture and experience the rich heritage that makes New England so unique and unforgettable.

**Travel Provider: Collette**

**Travel Dates: July 2026**

**Travel Preview Date: TBD • Travel Registration: TBD**



## America's National Parks

Embark on a journey of a lifetime as you experience the breathtaking beauty of the American West and its most iconic national parks! From towering mountain ranges to vast, sweeping vistas, and from lush valleys to fascinating geological wonders, this ad-

venture showcases the diversity and grandeur of the nation's natural landscapes. Explore pristine wilderness, witness unforgettable sunsets, and discover the unique flora and fauna that thrive in these protected havens. Immerse yourself in the awe-inspiring splendor of America's natural treasures on an adventure that promises to leave you with lasting memories and a deeper appreciation for the great outdoors.

**Travel Provider: Collette**

**Travel Dates: September 2026**

**Travel Preview Date: TBD • Travel Registration Date: TBD**

## Costa Rica & Panama

Experience the best of this vibrant region as you spot wildlife in the magical Monteverde Cloud Forest Reserve, sip flavorful Panamanian coffee, and watch ships pass through the Panama Canal. Whether you're snapping photos of sloths in Costa Rica or strolling the historic streets of Panama City, the verdant landscapes and irresistible culture of these two nations will shine.

**Travel Provider: EF Go Ahead Tours**

**Travel Dates: October 21 - Nov 1 • Travel Preview Date: Wednesday, 2/19 • 1 - 2 p.m.**

**Travel Registration: TBD**



## INTEREST GROUPS

OLLI Interest Groups offer members a chance to connect over shared hobbies. To join, you must be a registered OLLI member for 2024/2025 and sign up via the Enrole system. Find the list of groups and registration numbers below, and visit SVSU.EDU/OLLI for coordinator contact information.

- (101) Bridge
- (102) Cooking Group
- (103) Cross Country Skiing
- (104) Current Events
- (105) Cycling
- (106) Dinner Group
- (107) Esoteric Studies
- (108) Guitar
- (109) Kayaking
- (110) Movie / Theatre / Concert
- (111) OLLI Folks On Spokes - Slow-Paced Cycling Group
- (112) Ping Pong
- (113) Stamp Collecting

## DAY TRIPS

### Motor Coach/Day Trip Rules

Prepare for a full day of adventure as our day trips typically run from approximately 7 a.m. to 7 p.m. Please note that these times are approximate. For further information, please contact the OLLI office at 989-964-4475. (Please refer to the Day Trip Cancellation Policy for details.) Upon registering for a day trip, you will receive a receipt. Approximately 48 hours before the trip, you will receive specific details on where and when to meet the motorcoach, along with other important information. Participants are encouraged to be active and fully able to participate in the day's activities. We eagerly anticipate creating wonderful day trip experiences together with you.

### (17) Detroit's Icons: Little Caesars Arena and the Fox Theatre

Join us for an exclusive day trip exploring two of Detroit's most iconic venues! We'll begin with a behind-the-scenes tour of Little Caesars Arena, the impressive home of the Detroit Red Wings and Pistons. This state-of-the-art facility is a hub for sports and entertainment, and you'll get an insider's look at what makes it a premier destination. Next, we'll visit the Fox Theatre, a stunning historic landmark known for its breathtaking architecture and rich history as a centerpiece of Detroit's vibrant entertainment district. After all the excitement, we'll enjoy a delicious lunch at a local spot, with the location to be disclosed closer to the trip date. Lunch is included, and it's the perfect way to unwind and savor some of Detroit's best offerings. Don't miss out on this fantastic day filled with history, culture, and great food!

**Date & Time: Friday, 2/21 • 7 a.m. - 7 p.m.**

**Price: \$130 for members • \$150 for non-members**



### (18) Broadway Love Songs at the Detroit Symphony Orchestra



Join OLLI for a day filled with romance and music as we travel to Detroit for a special performance of Broadway Love Songs at the Detroit Symphony Orchestra. Enjoy an afternoon of classic and contemporary love songs from beloved Broadway musicals, performed by the talented DSO musicians and vocalists. Before the show, we'll dine at the historic Caucus Club, where fine dining and a welcoming atmosphere make it an ideal setting for our outing. Whether you're a theater enthusiast or simply a lover of great music, this day trip promises to be a memorable celebration of Broadway's most heartfelt songs!

**Date & Time:** Friday, 2/14 • 7 a.m. - 7 p.m.

**Price:** \$130 for members • \$150 for non-members

### (19) A Magical Day in Detroit: Peter Pan at the Fox Theatre



Join OLLI for a whimsical day trip to Detroit's iconic Fox Theatre to experience the timeless magic of Peter Pan. This beloved tale of adventure, friendship, and the boy who wouldn't grow up comes to life with stunning performances and dazzling effects in one of the most beautiful theaters in the country. Before the show, we'll enjoy a delicious lunch at the Traffic Jam and Snug, a local favorite known for its cozy ambiance, house-made bread, and award-winning dishes. This is the perfect outing for those who love theater, good food, and a bit of Neverland magic. Don't miss this enchanting day out!

**Date & Time:** Saturday, 3/15 • 7 a.m. - 7 p.m.

**Price:** \$130 for members • \$150 for non-members



### (20) Henry Ford Museum & Lunch at Ford's Garage

Step into history with OLLI on a day trip to the iconic Henry Ford Museum in Dearborn. Discover an incredible collection of American innovation, from the original Model T and Rosa Parks' bus to the fascinating evolution of technology and design that shaped the nation.

Following our museum visit, we'll dine at Ford's Garage, a unique automotive-themed restaurant known for its classic fare and nostalgic décor, inspired by the days of vintage service stations. This trip offers a fantastic blend of culture, history, and great food!

**Date & Time:** Thursday, 3/20 • 7 a.m. - 7 p.m.

**Price:** \$130 for members • \$150 for non-members

### (21) Historic Churches of Grand Rapids

Immerse yourself in the rich history, stunning architecture, and charm of Grand Rapids! The journey begins with a guided tour led by Candice Smith of Tours Around Michigan, exploring some of the iconic historic churches. Learn how these churches have influenced the community since the early 1800s, from supporting immigration to fostering modern housing initiatives. Afterward, enjoy a delicious lunch and tour at the beautifully restored Sweet House, a historic mansion brimming with elegance and fascinating history. Savor your meal in this unique setting while uncovering the stories behind this iconic landmark.

**Date & Time:** Wednesday, 4/2 • 7 a.m. - 7 p.m.

**Price:** \$130 for members • \$150 for non-members



### (22) My Mother and the Michigan-Ohio War at the Purple Rose Theatre

Join OLLI for a trip to The Purple Rose Theatre in Chelsea to see the hilarious and heartfelt comedy My Mother and the Michigan-Ohio War. This delightful play explores the quirky dynamics of family life, set against the backdrop of the historic rivalry between Michigan and Ohio, with plenty of laughs along the way. Before the show, we'll enjoy a delicious lunch at Cleary's Pub, a cozy local spot offering classic pub fare in a friendly atmosphere, perfect for socializing.

**Date & Time:** Wednesday, 4/23 • 7 a.m. - 7 p.m.

**Price:** \$130 for members • \$150 for non-members



### (23) The Rat Pack at Meadow Brook Theatre plus a Stop at Trader Joe's

Step back into the golden age of entertainment with a trip to Meadow Brook Theatre for The Rat Pack, a spectacular musical tribute to Frank Sinatra, Dean Martin, and Sammy Davis Jr. Relive the magic of this legendary trio as their timeless songs, smooth style, and undeniable charm transport you to an unforgettable era. Before the show, savor a delightful Italian lunch at Nino's Italian House, where authentic flavors and warm hospitality set the stage for a truly memorable outing. To round out the day, we'll make a stop at Trader Joe's, giving you the perfect opportunity to stock up on unique finds and your favorite treats.

**Date & Time:** Wednesday, 5/14 • 7 a.m. - 7 p.m.

**Price:** \$130 for members • \$150 for non-members



### (24) Hamilton at the Wharton Center

Step into the world of Broadway with a trip to the Wharton Center in East Lansing to see the acclaimed musical Hamilton! This groundbreaking production, blending hip-hop, jazz, R&B, and traditional theater, tells the story of Alexander Hamilton and the birth of America in a bold and unforgettable way. Before the show, we'll enjoy a delicious lunch at Beggars Banquet, a local favorite known for its comforting, flavorful dishes and inviting atmosphere. It's the perfect spot to relax and enjoy a meal before the performance of a lifetime.

**Date & Time:** Thursday, 5/22 • 7 a.m. - 7 p.m.

**Price:** \$225 for members • \$245 for non-members



## SPECIAL EVENTS

### (25) Tai Chi/Qigong Festival

**Saturday, February 1, 2025 • 9:15 a.m. - 2 p.m.**

**Price:** \$40 for members and non-members

This gentle form of exercise can help maintain strength, flexibility, and balance. Tai Chi is often described as "meditation in motion." Transform your quality of life as millions of Chinese have. This event will be hosted by Jim Bush, SVSU OLLI's Tai Chi facilitator and founding member of Cloud Hands Michigan. Students and teachers from around the state will explore the latest developments and techniques. The sessions focus on interesting aspects of these arts, led by outstanding instructors from around Michigan. Sessions will be relaxed and suitable for beginners as well as more advanced practitioners. There will be sufficient breaks, with lunch included in the cost. Wear comfortable clothing suitable for movement. Please note per SVSU policy, swords or weapons are not allowed.

**Registration is required for this event. Location: Curtiss Hall Banquet Rooms**

## OLLI Art Show: A Celebration of Creativity

SVSU's OLLI is proud to join forces with the University Art Department to host the OLLI Art Show, a captivating exhibit celebrating the artistic talents of our OLLI members. This inspiring showcase will run from July 8 to August 8, 2025, in the University's Art Department gallery.

Do you have a painting, sketch, photograph, or other creative piece you'd like to share? Now is your chance to shine! Starting in the month of April, you will have the opportunity to submit your artwork for consideration to be part of this special exhibition. A panel will thoughtfully review all submissions and select pieces that best represent the incredible creativity of our OLLI community.

Looking for inspiration or guidance? Register for Class 202: OLLI Art Show "Create" Art Class led by Andrea Ondish! Whether you love to paint, sketch, or explore other artistic mediums, this class is the perfect opportunity to create a piece for the show. Don't miss this chance to bring your artistic vision to life!



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## Travel Day

Wednesday February 19, 2025

- 9:00 - 10:00 Travel Preview: Kenya/Tanzania  
Travel Provider: Go Ahead Tours  
Presenter: Josh Coraci,  
Go Ahead Tours
- 10:30-10:45 EF Go Ahead App - Tips
- 11:00-12:00 Travel Clinic , Vaccinations  
Specific to Kenya, Tanzania,  
Costa Rica, Panama, & more
- 12:00-1:00 Lunch (on your own)
- 1:00-1:45 Travel Preview: Panama Costa Rica  
Travel Provider: Go Ahead Tours  
Presenter: Josh Coraci,  
Go Ahead Tours
- 2:00-3:00 Learn about New Required  
Travel Documents  
Go Ahead Flights & Insurance 101  
Presenter: Go Ahead Tours Team
- 3:10 -3:50 A Week in Greece: SVSU OLLI travelers share  
thier recent trip experiences
- 4:00 -4:45 Travel preview : Great Rivers of  
Europe / Grand Circle Travel zoom  
Presenter: GCT via zoom



## ART

### (201) Joy of Painting:

#### Create Your Own Bob Ross-Style Masterpiece

Join certified Bob Ross instructor Ted Simpson and paint a serene beach seascape in just one day. Perfect for all skill levels, you'll create "happy trees" and "fluffy clouds" while unleashing your creativity. No experience needed—all supplies are included. Take home your own seaside-inspired artwork.

**Class Minimum: 10 • Class Maximum: 30**

**Instructor: Ted Simpson**

**Date & Time: Friday, 3/21 • 1 – 4 p.m.**

**Location: MFSM Classroom**

**Price: \$90 Members • \$110 Non-Members**



### (202) OLLI Art Show "Create" Art Class

Join Andrea Ondish for two days of creative art-making sessions designed to help you get your pieces exhibit-ready. Open to all skill levels, with a variety of supplies provided—bring your own tools if you like. Showcase your talent and get ready to shine!

**Class Minimum: 5 • Class Maximum: 20**

**Instructor: Andrea Ondish**

**Date & Time: Monday & Tuesday, 2/17, 2/18 • 1 – 3:30 p.m.**

**Location: MFSM Classroom**

**Price: \$40 for members • \$60 for non-members**



### (203) Book Binding

In this class you'll learn the techniques to create a durable and beautifully crafted book. This hands-on class will focus on precision and creativity in the art of bookbinding.

**Class Minimum: 5 • Class Maximum: 10**

**Instructor: Katie Mielens**

**Date & Time: Wednesday, 4/16 • 3 - 5 p.m.**

**Location: Saginaw Art Museum, 1126 N Michigan Ave, Saginaw**

**Price: \$40 for members • \$60 for non-members**



## CRAFTS

### (204) Crafts with Pat

Unleash your creativity with fun projects for all skill levels! Enjoy inspiration, hands-on crafting, and the joy of making something special.

**Class Minimum: 7 • Class Maximum: 20**

**Instructor: Pat Schrank • Date & Time: Tuesday, 3/11 • 10 a.m.- 12 p.m.**

**Location: C 140 • Price: \$20 for members • \$40 for non-members**



### (205) Stitching Style: Embroider on a Carhartt Stocking Hat

Add a personal touch to your winter wardrobe! In this hands-on class, you'll learn basic embroidery techniques to customize a Carhartt stocking hat with your own unique design. Whether you're a beginner or have some stitching experience, our instructor will guide you step by step. All materials are provided.

**Class Minimum: 7 • Class Maximum: 15**

**Instructor: Heather O'Hearn**

**Date & Time: Tuesday, 2/11 • 3:30 – 5:30 p.m.**

**Location: C 129**

**Price: \$40 for members • \$60 for non-members**



**(206) Clay Earring Making**

Create your own snowman earrings with Wild Daisy Creative. These cute earrings are the perfect winter accessory. Using polymer clay, and shaped cutters, we will paint, then assembling our earrings with hypoallergenic earring hooks (clip ons available too). While the clay bakes, we will mix and make a bottle of nail polish with hundreds of color and glitter options to choose from.

**Class Minimum: 5 • Class Maximum: 20**

**Instructor: Lee Ann Walker**

**Date & Time: Wednesday, 2/5 • 1 – 3 p.m.**

**Location: C129**

**Price: \$30 for members • \$50 for non-members**

**(207) Soap Making Class**

Join Lee Ann from Wild Daisy Creative for some good clean fun. You will learn the entire cold soap process for making a simple bar soap. You will take your soap, the soap mold, and recipe card home. Cost includes all supplies and safety gear if you'd like to use it in class and your own mold to take home. We will make a batch of soap yielding approximately 8 bars. Scent options: Lavender, Lilac, Energy Blend, Rose Gold, Southern Peach, Warm Vanilla Sugar, Drift Wood, and Amber. Scent options vary based on availability.

**Class Minimum: 5 • Class Maximum: 20**

**Instructor: Lee Ann Walker**

**Date & Time: Tuesday, 3/25 • 5 – 7 p.m.**

**Location: C129**

**Price: \$45 for members • \$65 for non-members**

**CULINARY CREATIONS****(208) Skip the Meat, Let's Cook Some Buckwheat**

Join OLLI for a gluten-free cooking class where we'll prepare a wholesome mushroom buckwheat risotto. Buckwheat is high in fiber and essential minerals, and it helps regulate blood sugar levels. To complement the dish, we'll also make a fresh Greek salad for a balanced, delicious meal. Participants will get hands-on cooking experience, learn about the benefits of buckwheat, and take home the recipe. All supplies are provided.

**Class Minimum: 5 • Class Maximum: 12**

**Instructor: Alina Warner**

**Date & Time: Friday, 3/21 • 10 a.m. – 12 p.m.**

**Location: Tittabawassee Township Memorial Park Building, 150 Park St, Freeland**

**Price: \$45 members • \$65 non-members**

**(209) Sourdough Starter 101: From Starter to Scrumptious**

Join OLLI for an introduction to sourdough, taught by the experts at Vitality Farm and Inc. Learn how to create and care for your own sourdough starter, explore the many recipes you can make with it, and discover the health benefits of baking with natural fermentation. Everyone will leave with their very own sourdough starter to continue the journey at home.

**Class Minimum: 7 • Class Maximum: 25**

**Instructor: Vitality Farm and Inc.**

**Date & Time: Monday, 3/24 • 6:30 - 8 p.m.**

**Location: C 129**

**Price: \$25 for members • \$45 for non-members**

**(210) Tea Party Extravaganza**

Join OLLI for a delightful tea party. Sip on tea, enjoy delicious treats, and embrace the charm of this timeless tradition. To add to the fun, wear your best hat and let's make it an elegant affair!

**Class Minimum: 7 • Class Maximum: 30**

**Instructor: Heather O'Hearn, OLLI Manager**

**Date & Time: Wednesday, 4/30 • 10 a.m. – 12 p.m.**

**Location: C 129**

**Price: \$30 for members • \$50 for non-members**

**(211) A Taste of Mexico: Learning to Cook Authentic Mexican Cuisine**

Experience the vibrant flavors and traditions of Mexican cooking in this fun and interactive class. Whether we make Chile Rellenos—savory stuffed peppers wrapped in a golden batter—or Pozole, a rich and hearty hominy soup, you're guaranteed to create a delicious dish. Our expert instructor will guide you through each step, sharing cooking techniques and cultural insights along the way. Perfect for beginners and experienced cooks alike, this class is sure to spice up your culinary repertoire and leave you with a meal to remember. Note: All ingredients will be provided. Come ready to cook, learn, and enjoy.

**Class Minimum: 5 • Class Maximum: 10**

**Instructor: Alexandra Delgado**

**Date & Time: Monday, 4/14 • 10 a.m. - 1 p.m.**

**Location: Tittabawassee Township Memorial Park Building, 150 Park St Freeland**

**Price: \$75 for members • \$95 for non-members**

**CURRENT TOPICS****(212) Life Discussion**

Our classes, experimenting with team learning by sharing our history, education, and life experiences have been fruitful. Those elements have given us a vast reservoir of interesting topics to share. When you combine the cumulative learnings of 15 or more OLLI members the topics are endless, and a single thought can explode into a productive learning experience. Read essay *Draft for Statement of Human Obligations* by Simone Weil. Come to the first session with ideas for future life challenging topics.

**Class Minimum: 7 • Class Maximum: 25**

**Instructor: Ron Taylor**

**Date & Time: Thursdays, 1/30, 2/6, 2/13, 2/20, 2/27 • 10 a.m. - 12 p.m.**

**Location: C 129**

**Price: \$25 for members • \$45 for non-members**

**(213) Stay Safe Online: Recognizing and Avoiding Scams**

Join FBI Special Agent Anthony Kraudelt for an eye-opening session on how to protect yourself from online scams. From phishing emails to fake websites and identity theft tactics, this class will help you recognize the latest scams and give you practical tips to stay safe online. With clear guidance on safeguarding personal information and avoiding common online traps, you'll leave feeling more confident and secure in today's digital world.

**Class Minimum: 7 • Class Maximum: 30**

**Instructor: Anthony Kraudelt**

**Date & Time: Monday, 3/10 • 1 – 2:30 p.m.**

**Location: C 140**

**Price: \$10 for members • \$30 for non-members**



**DANCE****(214) Line Dancing for Fun and Fitness**

Get ready to boot, scoot, and boogie. Line dancing is a fun and social way to stay active, and no partner required. In this class, you'll learn a mix of popular line dances. No special shoes or experience is needed—just bring your energy and enthusiasm.

**Class Minimum: 7 • Class Maximum 15**

**Instructor: Melanie Kratz**

**Date & Time: Wednesdays, 1/29, 2/5, 2/12, 2/26 • 1 - 2 p.m.**

**Location: C 181**

**Price: \$25 for members • \$ 45 for non-members**

**(215) Tap Dance Basics**

Step into rhythm and fun with this beginner-friendly tap dance class. Perfect for anyone who has always wanted to try this lively and engaging dance style, you'll learn basic tap steps, build simple combinations, and even create music with your feet. No prior dance experience is needed. **Class Minimum: 7 • Class Maximum 15**

**Instructor: Melanie Kratz**

**Date & Time: Wednesdays, 1/29, 2/5, 2/12, 2/26 • 2:30 - 3:30 p.m.**

**Location: C 181**

**Price: \$25 for members • \$ 45 for non-members**

**DISCOVER WITH OLLI****(216) Historic Churches of Grand Rapids**

Dive into the history and significance of Grand Rapids' most iconic churches. In this class, you'll uncover the fascinating stories behind the stunning stained-glass windows, remarkable organs, and unique architectural styles that define these sacred spaces.

This class will set the stage for an unforgettable OLLI day trip experience on April 2nd.

**Class Minimum: 7 • Class Maximum: 35**

**Instructor: Candice Smith, Tours Around Michigan – GroupExperiences & Tours**

**Date & Time: Wednesday, 2/12 • 1 - 3 p.m.**

**Location: C 129**

**Price: \$10 for members • \$30 for non-members**

**(217) Wild Women of Detroit- Part 2**

Join OLLI for the continuation of our historical exploration with Detroit History Tours as we delve into the stories of women who have shaped the Motor City. Don't miss this riveting exploration of the wild women of Detroit in part two of the series.

**Class Minimum: 10 • Class Maximum: 30**

**Instructor: Bailey Sisoy-Moore**

**Date & Time: Wednesday, 3/12 • 1 - 3 p.m.**

**Location: C 140**

**Price: \$10 for members • \$30 for non-members**

**(218) Albert Kahn: The Residences**

Join author and historian Dale A. Carlson as he explores the iconic residences Albert Kahn designed for Detroit's notable figures, including Senator James J. Couzens and Cranbrook co-founder George Booth. Featuring stunning photography and historical artifacts, the lecture also highlights local connections, such as William C. Clements' Bay City home and Albert T. Ferrell's Saginaw residence.

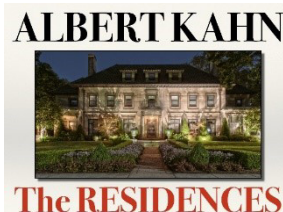
**Class Minimum: 10 • Class Maximum: 40**

**Instructor: Dale Carlson**

**Date & Time: Friday, 4/11 • 1 – 2:30 p.m.**

**Location: C 140**

**Price: \$10 for members • \$30 for non-members**

**(219) Albert Kahn: Namesakes**

Join author, photographer, and architectural historian Dale A. Carlson as he discusses the many prominent public figures of metro Detroit's past for whom Albert Kahn designed buildings. Learn more about the colorful lives and important contributions of significant Detroiters like Judge Augustus B. Woodward, Henry Ford, the Fisher Brothers, Cranbrook co-founder George Gough Booth and Senator James J.

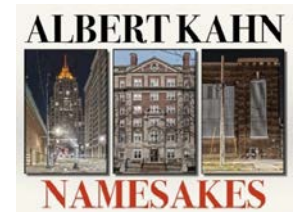
Couzens, and the business and personal connections that led to such commercial and industrial commissions. Mr. Carlson's lecture will include of professional photography of the structures discussed, as well as numerous newspaper clippings, historical images, and other related ephemera. For the OLLI audience at SVSU, buildings for the Bay City Times and Saginaw Daily News, commissioned by Booth and designed by Kahn, will also be discussed. **Class Minimum: 10 • Class Maximum: 40**

**Instructor: Dale Carlson**

**Date & Time: Friday, 4/11 • 3-4:30 p.m.**

**Location: C 140**

**Price: \$10 for members • \$30 for non-members**

**(220) Bay City's Historic Architecture**

Albert Kahn, known as the "Builder of Detroit" who designed most of Henry Ford's industrial plant complexes, also designed three buildings in downtown Bay City. The class will focus on those three buildings in addition to other noteworthy structures in the city. The class meets at the Delta College Planetarium and if the weather cooperates, we will walk to two of the Kahn buildings. OLLI participants will also get a brief history of the Delta College Planetarium and downtown Bay City. Participants will also be able to touch a meteorite and visit the planetarium's Observation Deck (weather permitting).

**Class Minimum: 7 • Class Maximum: 50**

**Instructors: Tim Murray, History Teacher**

**Date & Time: Monday, 4/21 • 10:00 am – 12 p.m.**

**Location: Delta College Planetarium, 100 Center Avenue, Bay City**

**Price: \$20 for members • \$40 for non-members**

**(221) Vintage Views Along the West Michigan Pike: From Sand Trails to US-31**

Join Christine and Tom for a road trip on the old West Michigan Pike, now US-31. This historic road was the first continuous improved route between Michigan City and Mackinaw City. The road along the Lake Michigan coast opened West Michigan to automobile travel and tourism. The authors depict the adventure and romance of motoring showing vintage postcards, photographs, maps, and ephemera to illustrate this journey. Time-travel with them through the beautiful West Michigan landscape and quaint towns to hotels and cabins, tourist camps, state parks, and other stops along the road.

**Class Minimum: 7 • Class Maximum: 50**

**Instructors: M. Christine Byron & Thomas R. Wilson**

**Date & Time: Friday, 4/25 • 10:30 a.m. – 12 p.m.**

**Location: C 100**

**Price: \$20 for members • \$40 for non-members**



**(222) Vintage Views of Michigan Roadside Attractions**

Take a trip with Chris and Tom along Michigan's roads and visit some of the state's iconic roadside attractions. Some of the places are long gone; others still lure travelers off the road. In an hour you'll travel the breadth of the state and not spend a penny on gas. If you've traveled Michigan's highways, you've likely stopped at spots like Castle Rock, Paul Bunyan, or the Mystery Spot. These quirky roadside attractions flourished from the 1930s to the 1970s. Relive memories of natural and man-made wonders—from deer parks to dinosaur gardens, scenic dunes to giant statues, and mine shafts to scenic towers.



**Class Minimum: 7 • Class Maximum: 50**

**Instructors: M. Christine Byron & Thomas R. Wilson**

**Date & Time: Friday, 4/25 • 1 – 2:30 p.m.**

**Location: C 100**

**Price: \$20 for members • \$40 for non-members**

**FITNESS****(223) Healthy Traveler**

Enhance your travel experiences with our walking fitness course. This class is designed to improve your walking technique, build strength, and increase stamina, ensuring you can explore new destinations with confidence and ease. Whether you're preparing for an upcoming trip or simply looking to stay active, this course will help you step up your fitness and enjoy your adventures to the fullest.



**Class Minimum: 5 • Class Maximum: 20**

**Instructor: Katherine Resseguie**

**Date & Time: Tuesdays & Thursdays, 1/14, 1/16, 1/21, 1/23, 1/28, 1/30, 2/4, 2/6, 2/11, 2/13, 2/18, 2/20, 2/25, 2/27, 03/4, 3/6, 3/11, 3/13, 3/18, 3/20, 3/25, 3/27, 4/1, 4/3, 4/8, 4/10, 4/15, 4/17, 4/22, 4/24, 4/29, • 8 - 9:45 a.m.**

**Location: Ryder Fitness Center Track**

**Price: \$20 for members • \$40 for non-members**

**If you are registered for an OLLI multiple day trip in 2025 or 2026, fee is waived; please call the OLLI office to register.**

**(224) Senior Strength Training**

This class is ideal for beginners and those already engaged in strength training, offering dynamic variations to familiar exercises.

Enjoy an energizing group experience that promises an effective workout, helping you build strength and confidence in a fun, supportive environment!

**Class Minimum: 5 • Class Maximum: 20**

**Instructor: Katherine Resseguie .**

**(224a) Tuesdays & Thursdays, 1/14, 1/16, 1/21, 1/23, 1/28, 1/30, 2/4, 2/6, 2/11, 2/13 • 10 - 11 a.m.**

**(224b) Tuesdays & Thursdays, 2/18, 2/20, 2/25, 2/27, 3/04, 3/6, 3/11, 3/13, 3/18, 3/20 • 10 - 11 a.m.**

**(224c) Tuesdays & Thursdays, 3/25, 3/27, 4/1, 4/8, 4/10, 4/15, 4/17, 4/22, 4/24, 4/29 • 10 - 11 a.m.**

**Location: R244**

**Price: \$40 for members per session • \$60 for non-members per session**

**(225) Vitality Flow:****Yoga for Wisdom & Wellness**

Join OLLI for a rejuvenating yoga class that enhances flexibility, strength, and mindfulness. Experience gentle movements, breathing exercises, and relaxation techniques in a welcoming environment.

**Class Minimum: 5 • Class Maximum: 20**

**Instructor: Katherine Resseguie**

**Dates & Times:**

**(225a) Tuesdays & Thursdays, 1/14, 1/16, 1/21, 1/23, 1/28, 1/30, 2/4, 2/6, 2/11, 2/13 • 11:15 a.m. - 12 p.m.**

**(225b) Tuesdays & Thursdays, 2/18, 2/20, 2/25, 2/27, 3/04, 3/6, 3/11, 3/13, 3/18, 3/20 • 11:15 a.m. - 12 p.m.**

**(225c) Tuesdays & Thursdays, 3/25, 3/27, 4/1, 4/8, 4/10, 4/15, 4/17, 4/22, 4/24, 4/29 • 11:15 a.m. - 12 p.m.**

**Location: R244**

**Price: \$40 for members per session • \$60 for non-members per session**

**(226) Cardio Dance: Move, Groove, and Energize!**

Get your heart pumping and your body moving in this upbeat cardio dance class! Designed for all fitness levels, this class combines easy-to-follow dance moves with energizing music to create a fun and effective workout. Not only will you improve your cardiovascular health, but you'll also burn calories and boost your mood as you groove to a mix of lively tunes. Discover how fun fitness can be!



**Class Minimum: 5 • Class Maximum: 20**

**Instructor: Katherine Resseguie**

**Dates & Times:**

**(226a) Mondays, 2/3, 2/10, 2/17, 2/24 • 2:40 – 3:25 p.m.**

**(226b) Mondays, 3/10, 3/17, 3/24, 3/31 • 2:40 – 3:25 p.m.**

**Location: C 181**

**Price: \$25 for members per session • \$45 for non-members per session**

**(227) Free Senior Fitness Test**

The Senior Fitness Test is an opportunity for seniors to participate in activities that provide data on personal fitness levels and is specifically designed for seniors 60-94 years of age. As we age, it is important to be aware of fitness levels and how they relate to functional activities like putting away groceries, getting dressed, or getting around in home or community settings with a decreased risk of falls. Under the supervision of SVSU faculty, students from kinesiology and occupational therapy will do a brief interview to better understand your specific needs and expectations, and then they will guide you through each activity. Results and interpretation of these activities will be discussed with you, and a copy of this information will be provided to take with you when you leave. The entire process takes about 1 hour and you can decide if you want to take part in all activities, or just some of them depending on your specific needs. There are a total of 3 sessions available, so please specify which day and time frame you prefer when registering. Be sure to wear non-slip shoes (tennis shoes) and comfortable clothing



**Instructors: Lisa Brewer or Jill Brown**

**Dates & Times:**

**(227a) Wednesday, 2/26 • 9:30 a.m. - 10:45 a.m.**

**(227b) Wednesday, 3/19 • 10:00 a.m. - 11:15 a.m.**

**(227c) Wednesday, 3/19 • 11:30 a.m. - 12:30 p.m.**

**Location: Ryder Center, Rec Court**

**Price: No Charge for members and non-member**

## GAMES

### (228) A Fun and Simple Approach to Solving the Rubik's Cube

Unlock the mystery of the Rubik's Cube in this engaging and interactive class. Designed for beginners, this session will teach you a simple step-by-step method to solve this classic puzzle. Learn the principles behind its movements, practice essential algorithms, and gain the skills to solve the cube with confidence. Beyond the mechanics, this class offers a unique mental workout and sharpens your problem-solving skills while exercising your memory. This is a good opportunity to connect with fellow puzzle enthusiasts in a fun group environment. Cubes will be provided.



**Class Minimum: 5 • Class Maximum: 15**

**Instructor: Al Evangelista**

**Dates & Times Monday, 3/3 • 1 - 4 p.m.**

**Location: C140**

**Price: \$25 members • \$45 non-member**

## GEOGRAPHY

### (229) Discover Italy: Exploring Campania, Puglia, and the Amalfi Coast

Whether you're planning a trip to Southern Italy or simply want to explore these beautiful regions from afar, this class will deepen your appreciation for the diverse landscapes, rich history, and cultural tapestry of Campania, Puglia, and the Amalfi Coast. In this class, you'll gain insights into the local history and cultural significance of each region. Learn about the regions culinary specialties and wine traditions and learn basic Italian phrases to enhance your future travels. This class will be presented by SVSU Professor Julie Keil, who has traveled to Italy more than 26 times.



**Class Minimum: 10 • Class Maximum: 30**

**Instructor: Julie Keil • Date & Time: Wednesday, 2/5 • 10 – 11:30 a.m.**

**Location: C 129 • Price: \$10 for members • \$30 for non-members**

### (230) Taste of Iceland

Enjoy a journey through Iceland without leaving your seat! Join OLLI members who traversed the stunning landscapes of Iceland in July 2018 as they share their travel experiences. Discover insider tips on packing for Iceland's unique climate, hear stories of adventure, and tantalize your taste buds with a culinary exploration of Icelandic cuisine. From travel advice to memories, this presentation offers a glimpse into the land of fire and ice. **Class Minimum: 10 • Class Maximum: 30**



**OLLI Travelers: Linda Phillips, Dan Dauer and Linda Ackerman**

**Date & Time: Wednesday, 2/26 • 4–6 pm • Location: C 129**

**Price: \$10 for members • \$30 for non-member**

### (231) Exploring Tanzania

Join SVSU Students in this class exploring Tanzania providing travelers with a brief overview of the geography, culture, and seasonal patterns of what to expect during their visit in 2026. From the Serengeti to snow-capped peaks of Kilimanjaro to the pristine beaches of Zanzibar, participants will learn about Tanzania's most significant destinations while gaining practical knowledge about local customs, cuisine, and travel tips. The course emphasizes cultural sensitivity and responsible tourism practices.

**Presenters: Taniz Mwasote & Ridweida Braimah SVSU Students, African Student Association**

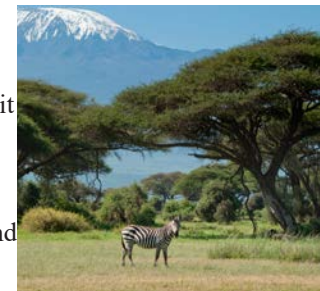
**Date & Time: Tuesday, 2/25 • 3:30 –5 pm**

**Location: C-224**

**Price: Donation for African Students Association at door would be appreciated**

### (232) The Geography of Kenya and Tanzania

This presentation examines the physical and cultural landscapes of two East African countries: Kenya and Tanzania. We will examine the geological processes that created the African Rift Valley and the climatic patterns within this region. This will allow us to focus on the zoogeography (types of animals) that inhabit this unique region of the world. We will continue with a discussion of the origins of humans in East Africa; European colonialism/legacy of slavery; and a discussion of the present-day African peoples who inhabit this region. We end the class with a discussion of the benefits and problems of tourism in East Africa.



**Class Minimum: 10 • Class Maximum: 50**

**Instructor: Evelyn Ravuri**

**Date & Time: Friday, 3/28 • 10 a.m. - 12 p.m.**

**Location: C 224**

**Price: \$10 for members • \$30 for non-members**

### (233) Discover Latvia

Explore the captivating history and vibrant culture of Latvia in this engaging class. Delve into the rich cultural contributions of this fascinating Baltic country, from its flavorful cuisine to its rich folk and choir music and Art Nouveau architecture. Gain a deeper understanding of Latvia's traditions and how they continue to shape its modern identity, including that of its diaspora in Michigan. Learn from celebrated WMU Professor, Maira Bundza, one of Michigan's foremost experts on Latvia and the Baltic States, whose passion for the region brings its history to life.



**Class Minimum: 5 • Class Maximum: 50**

**Instructor: Maira Bundza, WMU professor/librarian (retired)**

**Date & Time: Friday, 4/4 • 1 – 3 p.m.**

**Location: C 100**

**Price: \$10 for members • \$30 for non-members**

## HEALTH & WELLNESS

### (234) Understanding the Changing Brain

Join OLLI for an engaging exploration into how our brains adapt and change over time. This class will delve into the science of aging, memory, and cognitive health, providing insights into what happens in the brain as we age. We'll explore strategies for maintaining mental agility, and learn how lifestyle choices can impact brain health.

**Class Minimum: 7 • Class Maximum: 30**

**Instructor: Kristal Corrion**

**Date & Time: Thursday, 1/23 • 1 - 3 p.m.**

**Location: C 129**

**Price: \$10 for members • \$30 for non-members**

### (235) Isolation and Loneliness: Understanding and Overcoming

In this class, we'll explore the causes and effects of isolation and loneliness, especially as they impact older adults. Through discussion and practical strategies, discover ways to build connections, improve mental well-being, and foster a sense of community.

**Class Minimum: 7 • Class Maximum: 30**

**Instructor: Kristal Corrion**

**Date & Time: Thursday, 2/20 • 1 - 3 p.m.**

**Location: C 140**

**Price: \$10 for members • \$30 for non-members**

**(236) Caregiver Support: Tools and Resources for Your Journey**

This class is designed for those caring for loved ones. We'll discuss the emotional and physical challenges of caregiving, explore practical tools for stress management, and share valuable community resources.

**Class Minimum: 7 • Class Maximum: 30**

**Instructor: Kristal Corrion**

**Date & Time: Thursday, 3/20 • 1 - 3 p.m.**

**Location: TBD**

**Price: \$10 for members • \$30 for non-members**

**(237) Kick the Sugar Habit**

Take control of your sugar cravings with certified health coach Alina Warner. In this class, you'll uncover the root causes of your cravings and learn effective strategies to break free from the sugar cycle—all while still enjoying life's sweetness.

**Class Minimum: 10 • Class Maximum: 30**

**Instructor: Alina Warner**

**Date & Time: Wednesday, 3/5 • 2 – 3:30 p.m. • Location: C 129**

**Price: \$10 Members • \$30 Non-Members**

**(238) Simple Meal Planning**

Say goodbye to hunger-driven snacking with our Simple Meal Prep Workshop. Learn how to prepare delicious, nutrient-rich meals filled with balanced protein, healthy fats, and carbs. Master the art of meal prep, create wholesome snacks, and take control of your kitchen for healthier eating habits. **Class Minimum: 10 • Class Maximum: 30**

**Instructor: Alina Warner**

**Date & Time: Wednesday, 2/12 • 2 – 3:30 p.m.**

**Location: C 140**

**Price: \$10 Members • \$30 Non-Members**

**(239) Marvelous Movement**

Join OLLI for Marvelous Movement, a class focused on the effects of prolonged sitting on both your body and mind. Learn practical ways to incorporate more movement into your day, whether at work, home, or while traveling, along with strategies to make your new routine stick. The class includes gentle stretching and hands-on exercises, and participants will receive handouts to help continue their movement practice at home.

**Class Minimum: 10 • Class Maximum: 30**

**Instructor: Alina Warner**

**Date & Time: Friday, 2/28 • 10 – 11:30 a.m.**

**Location: C 140**

**Price: \$10 Members • \$30 Non-Members**

**(240) Let's Stretch**

Yearning for more flexibility? Join OLLI for an hour of fun with friends, awakening dormant muscles. In this class you will learn dancer-approved methods to regain flexibility. All body types are welcome in this low-impact, self-paced session. Rejuvenate your body in a safe, supportive environment.

**Class Minimum: 7 • Class Maximum 15**

**Instructor: Melanie Kratz**

**Date & Time: Wednesdays, 1/29, 2/5, 2/12, 2/26 • 11:30 a.m. – 12:30 p.m.**

**Location: C 181**

**Price: \$25 for members • \$ 45 for non-members**

**HISTORY****(241) The Detroit Lions and the Early NFL**

The story of the Lions catching on in Detroit doubles as the story of professional football finding its place in American popular culture. Before the Portsmouth Spartans relocated to Detroit and donned the Honolulu Blue in 1934, several pro football teams tried and failed to gain a foothold in the city. What made the Lions different? This presentation examines the instability of the infant NFL, and how the Lions (and professional football) won the hearts of Detroiters to become the institution they are today tracking the team from its small town roots, through its golden age in the 1950's, and into the present. **Class Minimum: 10 • Class Maximum 50**

**Presenters: Jeremy Dimick, Manager of Collections, Detroit Historical Society**

**Date & Time: Wednesday, 1/29 • 10 a.m. - 12 p.m.**

**Location: Recital Hall**

**Price: \$10 for members • \$30 for non-member**

**(242) History of Electronic Technology in the 20th Century**

From the vacuum tube through the transistor and integrated circuit join us as we inspect the key technological advances which form the foundation for the modern digital age. Designed for individuals who are interested in the evolution of technology or who are curious about the underlying principles which enable the technology of our modern global economy. With hands on demonstrations.

**Class Minimum: 7 • Class Maximum 15**

**Instructor: Al Evangelista**

**Dates & Time: Monday, 2/3 • 10 - 11:30 a.m.**

**Location: C 140**

**Price: \$10 for members • \$30 for non-members**

**(243) Modern Conflicts in Afghanistan**

Explore the complex and ongoing conflicts in Afghanistan, from the Soviet invasion in the 1980s to the U.S. involvement post-9/11 and the recent developments under the Taliban. This class will provide an in-depth look at the political, social, and military aspects of Afghanistan's modern history, examining the roles of various international actors, local dynamics, and the impact on global security. **Class Minimum: 7 • Class Maximum: 30**

**Instructor: Jason Szilagyi**

**(243a) In-person**

**(243b) Zoom**

**Date & Time: Thursdays, 2/27, 3/6, 3/13, 3/20, 3/27 • 1 – 3 p.m.**

**Location: C 140**

**Price: \$30 for members • \$50 for non-members**

**(244) Tensions Leading to World War I**

Delve into the complex web of political, military, and social tensions that culminated in the outbreak of World War I. This class will explore the key events, alliances, and conflicts that set the stage for the Great War. Join OLLI for a deeper understanding of one of history's most significant turning points.

**Class Minimum: 7 • Class Maximum: 30**

**Instructor: Jason Szilagyi**

**(244a) In-person**

**(244b) Zoom**

**Date & Time: Thursdays, 4/3, 4/10, 4/17, 4/24 • 1 – 3:30 p.m.**

**Location: C 140**

**Price: \$30 for members • \$50 for non-members**



### (245) Historical Fiction: Bridging the Gap Between Fact and Imagination

In this class, we'll explore how historical fiction shapes our understanding of real history. By viewing and discussing carefully selected historical fiction films and novels, we'll examine how these stories blend fact with imagination, influencing public perception and memory of key events. Join us as we unpack the power of storytelling in bringing history to life—and consider how it can both illuminate and distort our view of the past.

**Class Minimum: 7 • Class Maximum: 30**

**Instructor: Christina De Clerck- Szilagyi**

**(245a) In-person participation**

**(245b) ZOOM participation**

**Date & Time: Tuesdays, 2/25, 3/04, 3/11, 3/18, • 1 – 3 p.m.**

**Location: C 129**

**Price: \$25 for members • \$45 for non-members**

### (246) Age of the American Revolution

Discover the fascinating journey of how the United States gained its independence from England. This class will explore the key events, figures, and decisions that led to the Revolutionary War, from early tensions and protests to the drafting of the Declaration of Independence and the eventual victory.



**Class Minimum: 7 • Class Maximum: 30**

**Instructors: Christina De Clerck- Szilagyi & Jason Szilagyi**

**(246a) In-person participation**

**(246b) ZOOM participation**

**Date & Time: Tuesdays, 3/25, 4/1, 4/8, 4/15, • 1 – 3 p.m.**

**Location: C 129**

**Price: \$40 for members • \$60 for non-members**

### (247) Exploring Aviation & Naval History: The People and the Stories Behind Their Legacy

In this engaging class, we will explore the lives of military personnel, from well-known figures to everyday individuals who served with little recognition. Spanning from World War II to the present day, we'll delve into their notable events and lesser-known experiences. Special focus will be given to local servicemen and women and their contributions. The instructor will also showcase a unique collection of autographs and signed lithographs—prints created from original paintings that honor these individuals and the events that shaped their service. Join OLLI in discovering the personal stories behind history.



**Class Minimum: 7 • Class Maximum: 30**

**Instructor: Brian Hensler**

**Date & Time: Tuesday, 4/1, 4/8, 4/15 • 6:30 – 8 p.m.**

**Location: C 129**

**Price: \$20 members • \$40 for non-members**

### (248) Living Behind the Iron Curtain

Alina Warner shares her personal experiences growing up in communist Romania, where she witnessed the isolation and hardships of life under a totalitarian regime. She recalls her teenage years during the Revolution that ultimately freed the country from Nicolae Ceausescu's dictatorship. The session will conclude with a Q&A.

**Class Minimum: 10 • Class Maximum: 30**

**Instructor: Alina Warner**

**Date & Time: Friday, 4/11 • 10 a.m. – 12 p.m. • Location: C 140**

**Price: \$10 members • \$30 for non-members**

### (249) The French Revolution and the Age of Napoleon

Dive into the tumultuous events of the French Revolution and the dramatic rise of Napoleon Bonaparte. This class will explore the chaos of revolutionary France—marked by political upheaval, social unrest, and radical change—and examine how Napoleon's rule reshaped Europe.



We'll look at the causes of the revolution, the key players involved, and how Napoleon's rise to power brought both reform and tyranny. Join us for a deeper understanding of one of history's most transformative periods.

**Class Minimum: 7 • Class Maximum: 30**

**Instructor: Christina De Clerck- Szilagyi & Jason Szilagyi**

**(249a) In-person participation**

**(249b) ZOOM participation**

**Date & Time: Tuesdays, 4/22, 4/29, 5/6, 5/13 • 1 – 3 p.m.**

**Location: C 129**

**Price: \$40 for members • \$60 for non-members**

### (250) Cataclysm and Colonization: Europe's New World Conquest

Explore the profound and often devastating impact of European exploration and conquest of the New World. This class delves into the complex history of colonization, examining the social, political, and environmental upheavals that reshaped entire continents. Join OLLI as we uncover the lasting effects of this transformative period and discuss its significance in world history.

**Class Minimum: 7 • Class Maximum: 30**

**Instructor: Tom Donahue**

**Date & Time: Tuesdays, 2/25, 3/4, 3/11, 3/18 • 10 a.m. – 12 p.m.**

**Location: C 129**

**Price: \$25 Members • \$45 Non-Members**

### (251) Lesser Known Generals of the World War II

We all know the famous generals of WWII—Eisenhower, Bradley, MacArthur, and Patton. In this class, we'll explore lesser-known but equally important leaders of the U.S. Army and Army Air Forces. Some of these generals lost their lives during the war, others were relieved of their commands and returned to the U.S., and some went on to shape the future of the Army and the newly formed U.S. Air Force. Join OLLI for this class taught by Jim Reha, an OLLI member and retired classroom teacher.

**Class Minimum: 7 • Class Maximum: 30**

**Instructor: Jim Reha**

**Date & Time: Thursday, 3/6, 3/13, 3/20, 3/27 • 10 a.m. - 12 p.m.**

**Location: C 140**

**Price: \$25 for members • \$45 for non-members**

## HOBBIES

### (252) Overcoming Genealogical Brick Walls

Every family historian faces obstacles in their search for genealogical information, often referred to as brick walls. When traditional research methods no longer yield results, it's time to explore less conventional approaches. This class will guide you through common genealogical roadblocks and offer proven strategies to help you break through them.



**Class Minimum: 7 • Class Maximum: 30**

**Instructor: Leo LeFevre**

**Date & Time: Wednesday, 2/26 • 10 a.m. – 12 p.m. • Location: C 129**

**Price: \$10 Members • \$30 Non-Members**

**(253) Build Your Own Electric Guitar: A Hands-On Workshop**

Have you ever wanted to build your own electric guitar? In this hands-on class, guided by an expert, you'll assemble a high-quality kit into a fully functional, custom guitar. Over several weeks, you'll learn skills like shaping, electronics assembly, and fine-tuning. Though the investment is greater, the reward of playing your self-made guitar is unmatched. Join us and bring your dream to life!

**Class Minimum: 2 • Class Maximum: 8**

**Instructor: William Shea**

**Date & Time: Mondays and Thursdays, 3/3, 3/6, 3/10, 3/13, 3/17, 3/20, 3/24, 3/27, 3/31, 4/3, 4/7, 4/10, 4/14, 4/17, 4/24, 4/28, 5/1, 5/5, 5/8 • 12 - 2 p.m.**

**Location: C 129 • Price: \$875 for members • \$895 for non-members**

**(254) Basket Making with Sue**

Join OLLI and make a beautiful and practical basket. There will be two single-day classes. Participants pay a \$35 supply fee (cash or check only) to the instructor for each class.

**Class Maximum 10 for each session**

**Instructor: Sue Collins**

**(254a) Fancy Mini Bean Pot**

**5.5 inches high by 5 inches across with wire and wood handle**

**Date & Time: Friday, 3/28 • 12 - 5 p.m.**

**Location: GS 115**

**Price: \$20 for members • \$40 for non-members**

**(254b) Fruit Basket With Cherokee Wheels**

**9 inches across 4.5 inches high**

**Date & Time: Friday, 4/11 • 12 - 5 p.m.**

**Location: GS 115**

**Price: \$20 for members • \$40 for nonmembers**

**(255) Introduction to Pickleball**

Looking for a fun way to get some exercise this summer?

Consider pickleball - a very popular game for all ages!

It combines elements of ping pong, tennis and badminton. It is easy for beginners to learn, but it can be a fast-paced, competitive game for experienced players. In this class you learn the basic terminology, rules and strokes. Paddles and balls will be provided, or bring your own.

**Class maximum is 12.**

**Instructors: Luis Mulford & Dan Dauer**

**Date & Time: Tuesday & Thursday, 3/4, 3/6, 3/11, 3/13 • 10 - 12 p.m.**

**Location: Ryder Recreation Center, Rec Courts 2 & 3**

**Price: \$20 for members • \$40 for non-members**

**LOCAL COMMERCE****(256) Tour of the Saginaw Art Museum**

Join OLLI for a guided tour of the Saginaw Art Museum, where you'll explore an impressive collection of fine art, from classic works to contemporary pieces. The museum's exhibits showcase a diverse range of styles and cultures, offering a fascinating journey through history and creativity. During this tour, you'll have the opportunity to learn about the museum's rich history, notable artists, and its role in the local community.

**Class Minimum: 7 • Class Maximum: 20**

**Instructor: Katie Mielens • Date & Time: Friday, 3/7 • 10 - 11:30 a.m.**

**Location: 1126 N Michigan Ave, Saginaw**

**Price: \$15 for members • \$35 for non-members**

**(257) Behind the Scenes at Glastender: A Factory Tour**

Discover the craftsmanship and innovation behind one of the industry's leading manufacturers of bar and restaurant equipment. Join OLLI for an exclusive, behind-the-scenes tour of Glastender's state-of-the-art facility in Saginaw. Learn about the company's history, see the production process in action, and gain insights into the engineering and design that go into each piece of equipment. **Class Minimum: 5 • Class Maximum: 20**

**Date & Time: Friday, 4/25 • 10 a.m. - 12 p.m.**

**Location: 5400 North Michigan, Saginaw**

**Price: \$10 for members • \$30 for non-members**

**(258) Tour of Trinity Episcopal Church**

Discover the beauty and history of one of Bay City's most iconic landmarks—Trinity Episcopal Church. This guided tour offers an in-depth look at the church's stunning Gothic architecture, intricate stained-glass windows, and rich heritage dating back to the 19th century. Learn about the church's role in the community, its architectural significance, and the stories behind its enduring legacy.

**Class Minimum: 5 • Class Maximum: 20**

**Date & Time: Friday, 2/21 • 10 - 11:30 a.m.**

**Location: 815 N. Grant, Bay City**

**Price: \$10 for members • \$30 for non-members**

**MEDITATION****(259) Centering Prayer Workshop**

Centering Prayer is a method to open ourselves to God, consenting to His presence and action within. It deepens our relationship with the Divine In-dwelling Spirit at our core, drawing on ancient Christian teachings in a modern context.

**Class Minimum: 10 • Class Maximum: 20**

**Instructor: Nan Spence • Date & Time: Tuesday, 4/22 • 9 a.m. - 1 p.m.**

**Location: C 140 • Price: \$20 for members • \$40 for non-members**

**(260) Mindfulness Meditation**

Mindfulness meditation helps us learn to live in the present moment with nonjudgmental awareness and acceptance of what is. It helps us to flow more easily with the ups and downs of our lives. It is a practice that helps us to create a more peaceful mind and a heart open to deeper wisdom. **Class Minimum: 10 • Class Maximum: 25**

**Instructor: Nan Spence**

**Date & Time: Tuesdays, 2/4, 2/11, 2/18, 2/25, 3/04, 3/11, 3/18, 3/25 • 10 - 11:30 a.m.**

**Location: TBD**

**Price: \$60 for members • \$80 for non-members**

**MOVIES & MUSIC****(261) Sci-Fi Classics and Conversation**

Join OLLI for a thrilling afternoon of classic sci-fi films and engaging discussion! Each week, we'll watch a timeless science fiction movie from the golden era, including Them, The Thing from Another World, Forbidden Planet, and The Blob. These three-hour sessions will give us plenty of time to enjoy the films and dive into lively discussions about their themes, impact, and legacy. **Class Minimum: 7 • Class Maximum: 30**

**Instructor: Jason Szilagyi**

**Date & Time: Thursdays, 1/30, 2/6, 2/13, 2/20 • 1 - 4 p.m.**

**Location: C 129**

**Price: \$30 for members • \$50 for non-members**

**(262) Star Trek and the History of the Future**

Explore episodes of Star Trek where Gene Roddenberry's vision of a positive, humanist future was used to reflect and critique the societal issues of its time. Through engaging viewings and discussions, we'll examine how the series tackled themes like equality, war, race, and technology, offering timeless commentary on the world of the 1960s and beyond.



**Class Minimum: 7 • Class Maximum: 30**

**Instructor: Christina De Clerck- Szilagyi**

**Date & Time: Tuesdays, 1/28, 2/4, 2/11, 2/18 • 1 – 3 p.m.**

**Location: C 129 • Price: \$25 for members • \$45 for non-members**

**(263) Growing Up Western: Myths, Legends, and the American Dream**

Explore the myth of the American West in this multi-week class. Dive into its iconic tropes, cultural clashes, and lasting impact, guided by an instructor with deep personal ties to the region. Reflect on its history and the need for new narratives today.

**Class Minimum: 10 • Class Maximum: 35**

**Instructor: James Pagliasotti**

**Date & Time: Mondays, 2/3, 2/10, 2/17, 2/24 • 10 - 11:30 a.m.**

**(263a) In-class participation**

**(263b) ZOOM link participation**

**Location: ZOOM or C129**

**Price: \$25 for members • \$ 45 for non-members**

**(264) Music, Media, and the Counterculture 1950-1980**

Dive into the dynamic interplay of music, media, and youth culture that shaped the social order of the post-war years. This course offers an exploration of the forces that redefined an era, from the debut of rock & roll and the rise of the youth movement to the evolution of Top 40 radio and the underground FM revolution of the Seventies. Discover the emergence of the counterculture, the genesis of the Classic Era of Rock Music, and firsthand tales of working with musicians on the verge of stardom, including touring with the Rolling Stones. Through this lens, experience the energy and upheaval of a tumultuous yet thrilling time in history.

**Class Minimum: 10 • Class Maximum: 35**

**Instructor: James Pagliasotti**

**Date & Time: Mondays, 3/17, 3/24, 3/31, 4/7 • 10 - 11:30 a.m.**

**(264a) In class participation**

**(264b) ZOOM link participation**

**Location: ZOOM or C129**

**Price: \$25 for members • \$ 45 for non-members**

**(265) What It Was: Growing Up When the Music Mattered**

Step back into the 1950s-70s with a music journalist's firsthand stories. In this 90-minute lecture, explore the sounds and cultural moments that shaped modern history.

**Class Minimum: 10 • Class Maximum: 35**

**Instructor: James Pagliasotti**

**Date & Time: Wednesday, 4/30 • 1 - 2:30 p.m.**

**(265a) In class participation**

**(265b) ZOOM link participation**

**Location: ZOOM or C129**

**Price: \$10 for members • \$30 for non-members**

**OLLI BOOK CLUB**

Join OLLI for monthly book discussions! Explore captivating reads, connect with fellow book lovers, and dive into themes, characters, and ideas. The price per session includes the cost of the book, and snacks available for discussions. You will be contacted when books are available to be picked up in the OLLI office.

(266) *Run Rose Run* by Dolly Parton and James Patterson follows Annie Lee Keyes, a talented young singer who arrives in Nashville with big dreams and a dark past she's trying to escape. Her captivating performance catches the attention of Ethan Blake and retired country star Ruthanna Ryder, who decides to mentor her. But as Annie Lee's star rises, so does the risk of her dangerous secrets being exposed, threatening her life and her shot at stardom.

(267) *The Dictionary of Lost Words* by Pip Williams is a captivating historical novel set during the creation of the first Oxford English Dictionary. It follows Esme, a young girl who grows up around the famous Scriptorium, where words are carefully collected and defined. As she witnesses how some words are disregarded—often those used by women and the working class—she begins her own dictionary, preserving these “lost” words and their unique meanings. The story beautifully explores themes of language, identity, and the voices often overlooked in history.

(268) *The Air Raid Book Club* by Annie Lyons is a heartwarming historical novel set during World War II, following the story of London bookshop owner Gertie Bingham. After losing her husband, Gertie finds solace in her community and her beloved bookshop. When a young Jewish refugee named Hedy arrives from Germany, Gertie takes her in, and together they form a book club to lift the spirits of neighbors enduring the hardships of war. Through the power of stories, friendship, and resilience, Gertie and Hedy forge a bond that transforms their lives and the lives of those around them.

(269) *The Wedding People: A Novel* by Alison Espach - On a beautiful day in Newport, Rhode Island, Phoebe Stone arrives at the Cornwall Inn in a green dress and gold heels, mistaken for one of the wedding guests. In reality, she's the only visitor not attending the big event; she's come to fulfill a long-held dream of enjoying oysters and sunset sails with her late husband. At rock bottom and determined to indulge herself, Phoebe unexpectedly forms a bond with the bride, who has meticulously planned for every disaster except for Phoebe's presence, leading to surprising confessions between the two women.

**Class Minimum: 5 • Class Maximum: 25**

**Instructor: Heather O'Hearn, OLLI Manager**

**Date and Time:**

**(266) Run Rose Run by Dolly Parton and James Patterson Discussion:**

**Monday, 1/27 • 2 - 3 p.m.**

**(267) The Dictionary of Lost Words by Pip Williams Discussion:**

**Monday, 2/24 • 2 - 3 p.m.**

**(268) The Air Raid Book Club by Annie Lyons Discussion: Monday, 3/24 • 2 - 3 p.m.**

**(269) The Wedding People: A Novel by Alison Espach Discussion:**

**Monday, 4/21 • 2 - 3 p.m.**

**Location: C 129 on 1/27, 2/24, 4/21 • C 140 on 3/24**

**Price: \$20 per session for members • \$40 per session for non-members**

# Orientation

## (270) New Member Orientation

Discover OLLI! Join us to meet the staff and learn about SVSU OLLI's classes, trips, and programs, whether you're new or need a refresher.

**Instructor:** Heather O'Hearn

**Date & Time:** Wednesday, 1/22 • 1 – 2 p.m.

**Location:** C 129

**Price:** Free for members • \$60 for non-members (includes an OLLI membership)

## (271) OLLI Travel Orientation

Ready to travel with OLLI? Join us to learn about group travel perks, how to sign up for trips, and essential planning tips.

**Instructor:** Shelley Wegner

**Date & Time:** Wednesday, 1/22 • 2:30 - 3:30 p.m.

**Location:** C 129

**Price:** Free for members • \$60 for non-members (includes an OLLI membership)

## SCIENCE

### (272) Technology and the Saginaw River

Bay City's history shows how geography, technology, and engineering transformed the Saginaw River into a logistics and manufacturing hub.

**Class Minimum:** 7 • **Class Maximum:** 30

**Instructor:** Chris Eckerle

**Date & Time:** Mondays, 2/10, 2/17, 2/24 • 10 a.m. – 12 p.m.

**Location:** C 140

**Price:** \$20 members • \$40 non-members

### (273) Mysteries of the Great Lakes

Dubbed "inland seas" by early European explorers, the Great Lakes have some of the most spectacular scenery of Earth and a fifth of ALL the planet's fresh water. The planetarium film will discuss major issues facing the Great Lakes: fishing, shipping, and tourism. Mike will also discuss current events regarding astronomy. Included is a brief history of the Delta College Planetarium and downtown Bay City. Participants will also be able to touch a meteorite and visit the planetarium's Observation Deck (weather permitting).

**Instructors:** Mike Murray, Chief Astronomer and Planetarium Manager and Tim Murray, History Teacher

**Date & Monday, 3/3 • 10:00 a.m. – 12 p.m.**

**Location:** Delta College Planetarium, 100 Center Avenue, Bay City

**Price:** \$20 for members • \$40 for non-members



### (274) Aurora: Lights of Wonder

Experience the Northern Lights like never before at the Delta College Planetarium. This immersive show explores auroral myths, the science behind their formation, color secrets, optimal viewing locations, diverse shapes, and even auroras on other planets. After the film, Mike will discuss current astronomy events and share the planetarium's history and its role in downtown Bay City.

Participants can touch a meteorite and, weather permitting, visit the Observation Deck.

**Class Minimum:** 7 • **Class Maximum:** 50

**Instructors:** Mike Murray, Chief Astronomer and Planetarium Manager and Tim Murray, History Teacher

**Date & Time:** Tuesday, 4/15 • 10:00 a.m. – 12 p.m.

**Location:** Delta College Planetarium, 100 Center Avenue, Bay City

**Price:** \$20 for members • \$40 for non-members



### (275) Forensic Science Update

Curious about crime scene investigations? This class covers crime scene processing, real-life cases, and how evidence impacts prosecutions. Graphic images, including blood and injuries, will be shown.

**Class Minimum:** 7 • **Class Maximum:** 40

**Instructor:** Elaine Dougherty

**Date & Time:** Mondays, 3/31, 4/7, 4/14 • 6 - 8 p.m.

**Location:** C 129 • **Price:** \$25 for members • \$45 for non-member



## TECHNOLOGY

### (276) Tech Tuesday - Enhance Your Home Security with Ring Doorbell

Join Larry Emmons, retired SVSU Technology Director, as he shares expert tips on maximizing your Ring Doorbell's capabilities. Learn how to integrate it with your smartphone, optimize its features, and understand key privacy considerations to keep your home secure.

**Class Minimum:** 7 • **Class Maximum:** 30

**Instructor:** Larry Emmons • **Date & Time:** Tuesday, 2/18 • 1 – 3 p.m.

**Location:** C 100 • **Price:** Free for members • \$20 non-members

### (277) Travel Smart: Using Helpful Travel Apps

This class is dedicated to enhancing your travel experience with the best travel apps. Discover how to use apps for booking flights, finding accommodations, navigating new cities, translating languages, and more. We'll cover popular apps, provide hands-on demonstrations, and offer tips for maximizing their benefits.

**Class Minimum:** 5 • **Class Maximum:** 15

**Instructor:** Kelley Gray

**Date & Time:** Tuesday, 2/4 • 1 – 2:45 p.m. • **Location:** C 140

**Price:** \$10 for members • \$30 for non-members



### (278) Intro to Streaming Services

Curious about streaming but not sure where to start? This class will guide you through popular streaming services like Netflix, Hulu, and YouTube. Learn how to set up accounts, find personalized recommendations, and troubleshoot common issues.

**Class Minimum:** 7 • **Class Maximum:** 15

**Instructor:** Kelley Gray

**Date & Time:** Wednesday, 3/19 • 1 - 3 p.m. • **Location:** C 129

**Price:** \$10 for members • \$30 for non-members

### (279) Exploring AI

Dive into the world of artificial intelligence! This introductory class will explore AI concepts and tools. Discover how AI can assist with finding information, enhancing writing, and supporting hobbies. Perfect for beginners, this class will demystify AI and show you practical ways to incorporate it into your everyday life!

**Class Minimum:** 7 • **Class Maximum:** 15 • **Instructor:** Kelley Gray

**Date & Time:** Wednesday, 4/9 • 1 - 3 p.m. • **Location:** C 129

**Price:** \$10 for members • \$30 for non-members

### (280) Cutting the Cord

With television cable bills becoming increasingly expensive, more people are "cutting the cord" by getting rid of cable. In this class, you will learn about its replacement, streaming, and how to get the most out of these services while also reducing your monthly bills.

**Class Minimum:** 7 • **Class Maximum:** 12

**Instructor:** Gary Holik

**Date & Time:** Monday, 2/3 • 6 - 9 p.m. • **Location:** C 129

**Price:** \$15 for members • \$35 for non-members

**(281) Exploring Wearable Tech**

Learn how wearable devices like Fitbit and Apple Watch can help you track health, set goals, and stay active. This class covers how to maximize these tools for a healthier lifestyle.

**Class Minimum: 7 • Class Maximum 12**

**Instructor: Gary Holik • Date & Time: Monday, 2/17 • 6 - 9 p.m.**

**Location: C 129**

**Price: \$15 for members • \$ 35 for non-members**

**(282) Staying Connected and Healthy with Technology**

Learn to use tech for health and social connections! This class covers virtual doctor visits, health apps, and video calling essentials like Zoom, FaceTime, and Skype.

**Class Minimum: 7 • Class Maximum 12**

**Instructor: Gary Holik**

**Date & Time: Wednesday, 3/19 • 6 - 9 p.m. • Location: C 141**

**Price: \$15 for members • \$ 35 for non-members**

**(283) Organizing Your Digital Life**

Is your digital world cluttered? This class offers tips to organize photos, documents, passwords, and files for easy access and better security.

**Class Minimum: 7 • Class Maximum 12**

**Instructor: Gary Holik**

**Date & Time: Wednesday, 4/2 • 6 - 9 p.m. • Location: C 141**

**Price: \$15 for members • \$ 35 for non-members**

**(284) Understanding Artificial Intelligence**

Curious about AI? This class breaks down what AI is, how it works, and its impact on daily life, from voice assistants to self-driving cars.

**Class Minimum: 7 • Class Maximum: 12**

**Instructor: Gary Holik**

**Date & Time: Tuesday, 4/29 • 6 - 9 p.m.**

**Location: C 140**

**Price: \$15 for members • \$ 35 for non-members**

**TRAVEL & ADVENTURE****(285) Pack Your Bags**

This class will discuss everything from packing lists, packing cubes, luggage, carry-ons, tech gear, travel documents, travel apps, roll vs. fold, as well as a variety of travel tips. Packing accessories available for sale.

**Class Minimum: 10 • Class Maximum: 30**

**Instructor: Susan Zazo, Travel Expert**

**Date & Time: Tuesday, 1/28 • 10 a.m. - 12 p.m.**

**Location: C 129**

**Price: \$10 for members • \$30 for non-member**

**(286) Super Cute! Learn to Pack Travel Wardrobe Essentials**

In this class you will learn tips on how to build a travel wardrobe choosing versatile core pieces to create different outfits. Topics such as color themes, seasonal pieces, accessories, multiple use clothing items and more will be discussed.

**Class Minimum: 7 • Class Maximum: 30**

**Instructor: Kara Ellis, Owner, Super Cute (home décor, clothing & gift Boutique)**

**Date & Time: Friday, 2/21 • 1 – 3 p.m.**

**Location: 587 Midland Road, Freeland MI**

**Price: \$10 for members • \$30 for non-members**

**(287) Phone Photography for Travelers**

Transform your smartphone into a powerful travel photography tool! In this workshop, learn essential techniques for capturing stunning photos and editing them with apps like Snapseed or Lightroom. Bring your phone and editing app to get started!

**Class Minimum: 7 • Class Maximum: 30**

**Instructor: Michael Crawford**

**Date & Time: Monday, 3/3 and Wednesday, 3/5 • 4-6 p.m.**

**Location: A 162**

**Price: \$30 for members • \$50 for non-members**

**TRAVEL DAY - FEBRUARY 19, 2025**

Explore the exciting opportunities for group travel with SVSU OLLI and Travel Providers. Discover the benefits of traveling with a group, learn about upcoming adventures and get tips and learn how to sign up for your next journey. Whether you're a seasoned traveler or new to OLLI travel, this informative session will help you plan your next journey with ease and excitement. Best of all, there's no charge for this day of classes and information for OLLI members. Don't miss this chance to connect with fellow travelers and start planning your next unforgettable experience!

**(288a) Travel Preview: Kenya/Tanzania • 9 - 10 a.m. (288b) ZOOM**

**(289a) EF Go Ahead App - Tips • 10:30 - 10:45 a.m. (289b) ZOOM**

**(290a) Travel Clinic - Vaccinations • 11 a.m. - 12 p.m. (290b) ZOOM**

**(291a) Travel Preview: Panama / Costa Rica • 1 - 1:45 p.m. (291b) ZOOM**

**(292a) Learn about New Required Travel Documents / Go Ahead Flights &**

**Insturance 101 • 2 - 3 p.m. (292b) ZOOM**

**(293a) A Week in Greece: SVSU OLLI travelers share their recent trip experiences •**

**3:10 - 3:50 p.m. (293b) ZOOM**

**(294a) Travel Preview: Great Rivers of Europe with Grand Circle Travel - ZOOM •**

**4 - 4:45 p.m. (294b) ZOOM**

**WINE 101****(295) Wine 101**

Explore wine from around the world. Each class explores different wine styles, themes, and regions through tasting 5 or 6 wines with charcuterie/appetizer food pairings.

**(295a) California vs Washington • Monday, 1/27 • 4 - 6 p.m.**

Taste how climate and winemaking style shape wines from two distinct regions using the same grapes.

**(295b) Brother from Another Mother • Monday, 2/24 • 4 - 6 p.m.**

Taste two groups of wines made from "offspring" grapes and their shared "parent." See if you can spot the traits passed down from their Mama.

**(295c) There's No Place Like Rhone • Monday, 3/24 • 4 - 6 p.m.**

From its lush rich white wines and classic Roses, to its generously fruity, heady reds, discover the key grapes and wine styles of France's Rhone Valley region.

**(295d) Iberian Peninsula -Spain • Monday, 4/28 • 4 - 6 p.m.**

We'll learn about a wide range of wine styles from bubbly to bold to sweet, spanning the Castilla la Mancha, Jerez, and Catalonia regions of Spain.

**(295e) Chillin' and Grillin' • Monday, 5/19 • 4 - 6 p.m.**

Summer's a comin', and you'll be ready with wines to refresh on the hottest afternoons and to complement your favorite grilled specialties.

**Instructor: Ann Puszykowski,**

**Territory Manager Mid-Michigan, Bay Region, Woodberry Wine**

**Location: River Rock Café, 614 E Midland St, Bay City**

**Price: \$65 for members per session • \$85 for non-members per session**

**REGISTRATION**

Registration for classes begins at 8:30 AM on January 21. You can register either online, by phone, or by mail. If you prefer to mail in your registration, please contact the OLLI office, and we will be happy to send you a registration form: [olli@svsu.edu](mailto:olli@svsu.edu) or (989) 964 - 4475.

## How to Register

- **Online**

You may register online by visiting [svsu.edu/olli](http://svsu.edu/olli). You must first create a profile and then you can register as a member or non-member. If you wish to purchase a membership to receive the member rate, make sure you select and purchase the membership BEFORE you purchase a class or trip.

- **By Telephone**

Call the OLLI office Monday through Friday from 8 a.m. to 4:30 p.m. at (989) 964-4475.

- **In Person**

Stop by the OLLI office in room 201 in Curtiss Hall during business hours with your completed registration form.

- **By Mail**

Contact the OLLI office for registration form.



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**SAGINAW VALLEY  
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# Winter 2025

## Osher Lifelong Learning Institute



# Day Trips & Classes

## For Adults 50+

Registration Begins

Tuesday, January 21 at 8:30 a.m.